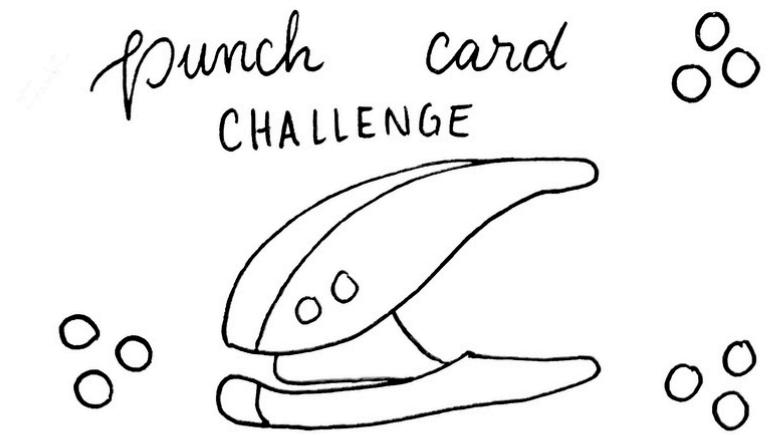


ANGELAGEORGE.COM/ZINELAND



|| Gym girlie ||

3 work out sessions per week ♥
you got this!

○○○ ○○○ ○○○ ○○○

Being
Bookish



4 books this month

£

Reading before bed

○○ | □□□□
○○ | □□□□

MAKE YOUR OWN!

MAKE ART

A 15 minute sketch or a 15 hour
painting ~~~~~ Anything that is creative



♥♥♥♥

USE THIS ZINE TO MOTIVATE
YOURSELF TO START HEALTHY
HABITS AND SAVE SOME MONEY

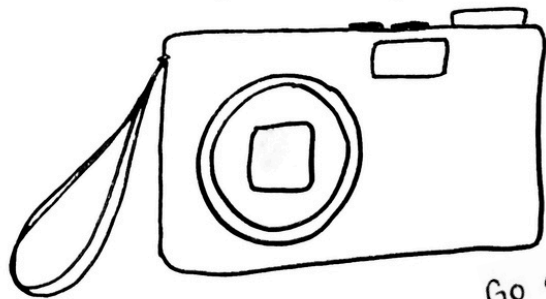
★ REWARD ★

complete the punch challenge
and get a reward!



CHECK OUT MY PHOTOGRAPHY
WALK PICS AT
THEUNSTAGRAM.COM

Photography walk



See the
Sights!

Go outside!



\$ave some Money (by eating out less)



coffee
out



lunch /
fast food



dinner /
brunch



drinks

